

# [Www.waterbenefitshealth.com/lemon-in-water.html](http://www.waterbenefitshealth.com/lemon-in-water.html)

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it is recommended for you to be out of the sun 3 weeks prior to treatment or for the appropriate timeframe for their skin to return to their natural colour

[waterbenefitshealth.com/chlorine-in-drinking-water.html](http://waterbenefitshealth.com/chlorine-in-drinking-water.html)

that's kind of a ad hominem, there

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